

Bar and Lounge

July 2010

Starters

- * Cream Of Broccoli And Stilton Soup £3.95
- Sea Fresh Mussels White Wine –Parsley And Garlic Cream Sauce £5.95
- Prawn Cocktail Gateau Of Melon –Swiss Char And Rocket £6
- Peppered Duck And Strawberry Salad –Endive With Sesame Dressing £4.50
- Smoked Salmon –Capers Lemon And Dill £7
- Free Range Egg Watercress & Chive Salad –Mayonnaise £4.25
- Grilled Local Langoustine With Garlic And Lemon £5.95
- Half Amble Lobster Thermidor 10.50

Roasts of the Day

- *Pan Roast Wood Pigeon Wild Mushrooms Garlic –Bacon And Spinach Leaves £10.25
- Deluxe Open Prawn Sandwich £7.95
- Surf And Turf (Filet Of Beef And Half Lobster)Garlic Butter Sauce With Asparagus £25
- Braised Venison Stew With Seared Venison Fillet –Wild Mushrooms –Red Wine Reduction £14.25
- * Lambs Liver Grilled With Bacon –Sausage And Black Pudding £8.95
- *Pan Fried Breast Of Chicken With King Prawns and Garlic Cream Sauce £13.95
- *Grilled Gammon Steak Free Range Eggs £9.95
- Confit Roast Duck With Fine Beans – Olive Oil Crushed Potatoes And Hoi- Sin Sauce £11.95
- * Stir Fry Beef With Plum And Ginger Sauce –Noodles And Spring Greens £9.95
- *Mixed Grill Platter £11.95

Seafood from North Shields Fish Quay

- Whole Amble Lobster- Thermidor Gratinee –New Potatoes £18.95
- *Seared Fresh Tuna Loin With Szechwan Pepper Lime And Chili £9.95
- Amble Caught Monk Fish Tail Chorizo- Mussels White- Wine Tomato Concasse & Chive Sauce £14.25
- *Pan Roasted Sea-Bass On A Crab And Dill Penne £12.95
- *Pan Fried Lemon Sole, Shrimp & Lemon Butter Sauce £12.50
- *Thai Fish Cakes with Spinach – Butter Sauce & French Fries £7.95
- Bread Crumbed Scampi Tails With Lemon & Tartar Sauce £9.50
- Fish And Chips £9.95

(Extra Vegetables and Potatoes – Chips £1.95)

Early Bird Special Mon –Tues 12.-2pm Wed -Thurs 5-7pm

*** £10.00 For Two Courses ***